











NOVEMBER 2009 GIRLS' BASKETBALL PRACTICE SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(All Levels) Fri. Nov. 13 Team Scrimmage Sat. Nov. 14 Team Hotel Party Mon.-Wed.-Fri.-ES/MG Tues.-Thurs.-Sat.-NG</p>	<p>Nov 2 First Day of Practice F-3:30-5:50-NG S-3:30-5:50-NG V 3:30-6:30-MG (No Boys This Week)</p>	<p>3</p> 	<p>4</p>	<p>5</p> 	<p>6</p> 	<p>7 V-8:00-11:00-MG S-8:00-10:00-MG F-9:00-10:00-ES 10:00-11:00-NG</p>
<p>8 Monday Nov.9 Parent Night All Level 7:00pm Cafe</p>	<p>9 F-3:30-5:50-NG S-Share-MG V-3:30-6:00-ES (Parent Night)</p>	<p>10 Early Practice V-5:30-7:30 am. S/F-3:30-5-50-NG V-Team Room Video – 3:40</p>	<p>11 Veterans Day F-ES 7:00-9:00 S-MG 7:00-900 V MG 9:00-12:00</p>	<p>12 (Early Practice S-6:00-7:30-am NG) F-3:00-6:00-NG V-3:30-6:30-NG</p>	<p>13 F-3:45-4:45 Pract. 5:00-6:00 Scr.-MG S-4:45-5:45 ES Pract 6:00-7:00 Scr.-MG V-5:45-7:00 ES,Pract. 7:00-8:30 Scr.-MG</p>	<p>14 F-8:00-10:00-NG S-8:00-10:00-MG V-10:00-1:00-MG</p>
<p>15</p>	<p>16 V-3:30-4:30-MG 4:30-6:00-ES 6:00-6:30-MG F/S-3:30-4:30-ES 4:40-6:00-MG</p>	<p>17 Girls Game vs. Addsion Trail F/A and S-6:00 home FB and Var 7:30</p>	<p>18 F-A at Elgin 5:45 V-3:30-6:00-MG S-3:30-6:00-ES</p>	<p>19 (Early Practice-am V-5:30-7:30-NG) F/S-3:30-6:00-NG V-Team Room Video 3:40</p>	<p>20 F/A at Elgin 5:45 V-3:30-6:30-MG S-3:30-6:00-ES</p>	<p>21 V at W.V.-11:30 S-at W.V. -10:00 F/A-9:00 at Elgin Tournament</p>
<p>22</p>	<p>23 F-3:30-6:00-MG V-@ W.V.- 6:30,vs. Minooka S-@ W.V.- 5:00</p>	<p>24 V-3:30-6:00-NG. S/F 3:30-6:00 NG</p>	<p>25 V-3:30-6:30- MG S-3:00- 6:00-ES, F/A at Leyden 6:00pm West Campus</p>	<p>26 THANKSGIVING </p>	<p>27 V/S at West Aurora. both teams @ 1:00 F-TBA</p>	<p>28 V/S at W.V. both teams @ 11:30 vs Naper. North F-9:00 am. at Leyden West Campus []</p>
<p>29</p> 	<p>30 F/S-3:30-6:00-MG V-3:30-6:00-ES 6:00-6:30-MG</p>					



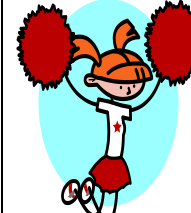
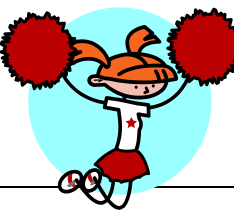

DECEMBER 2009 GIRLS' BASKETBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Games at R.M. F/A-and Soph 6:00 F/B and Var. 7:30	2 F/S-3:30-6:00-MG V-3:30-6:00-ES	3 Early Practice S-6:00-7:30 am.-NG F-3:30-6:00-NG V-3:30-6:30-NG	4 S-3:30-4:30 MG 4:30-6:00 ES } Share F-3:30-6:00 ES } ----- Wrestling Home-6:00 Set up 4:30 ----- Girls/Boys DH Varsity 6:30-8:00 vs. Fremd At Fremd	5 Game Home vs. Fremd V-12:00-1:30 F/A-NG; S-MG-9:00 F/B-NG JV-MG-10:30 ----- Boys A/B-Soph.-JV at Fremd S/V Home-R.M. Boys
6 	7 F/S-3:30-5:50-MG V-3:30-6:00-ES JV at R.M.-7:30 Boys- A/B- JV Away R.M.	8 Games-Home vs. G.E. F/A-NG, S-MG 6:00 F/B-NG, V-MG 7:30	9 F/S-3:30-6:00-MG V-3:30-6:00-ES Gymnastic-Home JV-V NG-6:30	10 Early Practice F-6:00-7:30 am.-NG S-3:30-6:00-NG V-3:30-6:30-NG Boys V/S-6:00-7:30 at Schaumburg	11 Games, Home vs. Saxons F/A-NG, S-MG 6:00 F/B-NG, V-MG 7:30	12 V-TBA JV-Hm. 9:00 vs. Saxon MG F/S-TBA gymnastic-Away Wrestling F-Hm.-MG 8:30 ----- Boys-A,B-NG 9:00 NG Home JV-MG-10:30
13 	14 F/S-3:30-4:30-ES 4:30-6:00-MG V-3:30-4:30-MG 4:30-6:00-ES ----- Boys F/A&B at LP-6:30	15 Early Practice am. V-5:30-7:30-NG S-3:30-6:00-NG F-3:30-6:00-NG V-team room video 3:40 ----- Boys F/A&B at LP-5:00	16 (share) ES F/S 3:30-4:30-ES 4:30-6:00-NG V 3:30-4:30-MG 4:30-6:00-ES ----- Boys F/A&B at LP-6:30	17 Early Practice S-6:00-7:30 am.-NG F-3:30-6:00-NG V-3:30-6:30-NG	18 Games Home VS. H.E. F/A-NG; S-MG-6:00 F/B-NG, V-MG-7:30 ----- Boys V/S at .H.E.-6:00 and 7:30	19 JV Home-MG 9:00 vs. H.E. V-at Mundelein TBA ----- Boys A/B-JV Home 3:00 H.E.-9:00-10:30 F/A-Hm. Warren S.-4:30 V-6:00 Hm.
20	21 V-at Mundelein, TBA F-8:00-10:00-NG S-10:00-12:00-NG V-may need to come in before the game	22 V at Mundelein-TBA S-8:00-10:00-MG F-10:00-12:00-MG (ES is open)	23 V-at Mundelein-TBA F/S OFF	24 V-8:00-9:30-NG F/S OFF	25 Merry Christmas  F/S OFF	26 V-at Mundelein TBA ----- F/S OFF Boys-V York TBA
27 OFF GO COUGARS !!	28 F-8:00-10:00-MG S-10:00-12:00-MG (ES is open) V-OFF Boys V York TBA	29 CHRISTMAS PARTY ALL LEVELS V 10:30-12:00-NG Shooting work out S-9:30-10:30-NG (F-10:30-12:00 Share NG) Boys V-York TBA	30 V-9:00-12:00-MG { S-8:00-9:00-MG } 9:00-10:00-ES } F 10:00-12:00-ES Boys V-York TBA	31 V-8:00-10:00-NG F/S 10:00-12:00-NG Share-NG *-----	Check School Closings	

JANUARY 2010 GIRLS' BASKETBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1 ALL LEVELS OFF HAPPY NEW YEAR</p> 	<p>2 F/S 8:00-10:00-NG V 10:00-12:00-NG</p>
<p>3 Remember We're #1</p> 	<p>4 Back to school F/S 3:30-6:00-MG V 3:30-6:00-ES 6:00-6:30-MG</p>	<p>5 Games-Home vs. Wheeling F/A-NG, S-MG-6:00 F/B-NG, V-MG-7:30 Boys V/S at Wheeling 6:00, 7:30</p>	<p>6 F/S 3:30-6:00-MG V 3:30-6:00-ES JV Home 7:30-NG Game- Home vs. Wheeling Boys F/A 6:00-MG F/B 6:00-NG JV 7:30-MG</p>	<p>7 V – TBA S – TBA F – TBA Gymnastics Home 6:30-NG Wrestling Home F set-up 4:30</p>	<p>8 Morning Practice } F 6:00-7:30 am.-NG } S 3:30-5:30-ES V 3:30-4:30-MG 4:30-6:30-ES Wrestling-H all levels Boys-V/S at Barrington 6:00-7:30</p>	<p>9 Games away at Barrington F/A, Soph. 6:00 F/B, V 7:30 Soph. at MW 8:00 a.m. V 12:00-1:30-NG Boys F/A 9:00-NG } F/B 9:00-NG } Home JV 10:30-NG }</p>
<p>10</p>	<p>1 F/S 3:30-5:30-MG V 3:30-5:30-ES JV Home 6:00 vs. Barrington</p>	<p>12 Games Home vs. Proviso West F/A-NG 6:00 S-MG 6:00 V-MG 7:30 (No F/B - - check)</p>	<p>13 F/S-3:30-6:00-MG V-3:30-6:00-ES</p>	<p>14 Early Practice S-6:00-7:30 am.-NG F-3:30-6:00-NG V-3:30-6:30-NG</p>	<p>15 Games-Home vs.Palatine F/A-NG, S-MG-6:00 F/B-NG, V-MG-7:30 Gymnastic-Home NG 10:00 AM Sat. →</p>	<p>16 Games-Home St. Viator F/A NG-4:00 S-MG-2:30- V MG-4:00 JV at Palatine-9:00 AM W-Home Boys V/S at Palatine 6:00-7:30</p>
<p>17 EXAM WEEK →</p> 	<p>18 Martin Luther King V-9:00-12:00-MG { S-8:00-9:00-MG } { 9:00-10:00-ES } F-10:00-12:00-ES</p>	<p>19 V-OFF S-3:30-6:00-NG F-3:30-6:00-NG</p>	<p>20 EXAMS V-1:30-4:00-MG F/S OFF</p>	<p>21 EXAMS V-1:30-4:00-NG F/S-1:30-4:00-NG Share NG-???</p>	<p>22 EXAMS Games at H.E F/A-S at 6:00 F/B-V at 7:30 Wrestling-Hm. All Levels</p>	<p>23 F-A/B-2:30 { Lake Park } S-4:30 { all levels } V-6:00 JV at H.E.-9:00 am. V-11:00-12:30-NG Boys V/S Hm. H.E. 6:00-7:30 Wrestling Hm, JV conf. 9:00</p>
<p>24</p>	<p>25 F/S- 3:30-4:30-ES 4:30-6:00-MG^{share} V-3:30-4:30-MG 4:30-6:00-ES 6:00-6:30-MG</p>	<p>26 Games Home vs. Barrington F/A-NG S-MG, 6:00 F/B-NG, V-MG-7:30</p>	<p>27 F/S-3:30-6:00-MG V-3:30-4:45-ES JV at Barrington 6:00 PM</p>	<p>28 Early Practice F-6:00-7:30 am.- NG S-3:30-6:00-NG V-3:30-6:30-NG</p>	<p>29 Games at Saxon F/A-NG, S-MG, 6:00 F/B-NG V-MG-7:30 Boys-V/S Home Saxons 6:00-7:30</p>	<p>30 JV at Saxon ? 9:00 am.? V-11:-12:30-NG Boys F/A and B at Saxons 9:00, JV-10:30 F/A & B Home 2:30 LP S-4:30 V-6:30 Home</p>
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FEBRUARY 2010 GIRLS' BASKETBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 F/S 3:30-6:00-MG V-3:30-6:00-ES 6:00-6:30-MG	2 Games at Palatine F/A and Soph-6:00 F/B and Var-7:30	3 F/S 3:30-5:30-MG 5:30-6:00-ES V-3:30-5:30-ES 6:00 JV Game vs. Palatine Home	4 { Early Practice } { S-6:00-7:30 am.-NG } F-3:30-6:00-NG V-3:30-6:30-NG	5 S-3:30-5:45-MG F-3:30-5:45-ES V-Pre-Game-ES-TBA Girls/Boys DH-Home 6:30-8:00 vs. Fremd	6 Game at Fremd F/A and Soph-9:00 F/B and JV-10:30 V-12:00-1:30-NG ----- at GBN BOYS F/A and B-2:30 S-4:30 V-6:00 Boys-F/A and S at 9:00 F/B-JV-10:30 Home vs. Fremd
7 	8 F/S-3:30-6:00-MG V-3:30-6:00-ES 6:00-6:30-MG	9 Cross-over Game at West Site F/A and S at 6:00 F/B and V at 7:30 Last F/S Game ?? Boys-F/A and B S/V at Deerfield	10 MSL Championship at West Site, Conant	11 V-3:30-6:00 NG	12 V-3:30-6:00 MG ES Boys-V/S Home, Barrington 6:00-7:30	13 V-9:00-12 NG Boys V/S at St. Joseph 6:00-7:30
14 	15 V-3:30-6:30-MG Boys F/A and B-Away at St. Joseph	16 Regional Game Boys F/A and B JV Away at Barrington	17 V-3:30-6:00	18 Regional Championship	19 V-3:30-6:00-MG Boys-V/S Home vs. Palatine 6:00-7:30	20 V-9:00-11:00-NG Boys-F/A and B JV Home 9:00-10:30 vs. Palatine
21 	22 President's Day V-9:00-11:00-MG Boys F/A and B at Hersey Soph Tourn. H-4:30	23 Sectional Game Boys V/S Home, Hersey 6:00-7:30	24 V-3:30-6:00-MG Boys-Soph Tourn Home TBA	25 V-Sectional Championship	26 V-3:30-6:00-MG	27 V-9:00-11:00-NG 
28	March 1 V-Super Sectional Game	G O C O U G A R S				
		2 YOU	3 GO	4 GIRLS	5 V IHSA STATE FINALS 	6

